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8 New Aesthetic Treatments for Face and Body

Asia Tatler highlights eight next-generation solutions for your most pressing aesthetic needs

RY YANNI TAN 05 AUG 09:30

While the first wave of aesthetics treatments several years ago managed to help us look younger and fresher, the latest suite of non-invasive options are even safer, quicker, gentler and more effective - all with minimal or no downtime.



Problem: Acne-prone and oily skin

Solution: Revlite

What: A gentle treatment with no downtime and low risk of complications, Revlite involves using a laser skin rejuvenation procedure that targets the deeper layers of the dermis without harming the superficial layer. It stimulates natural collagen growth, zaps oiliness, improves acne scarring, removes irregular pigmentation and even smooths out fine lines and wrinkles. Compatible with a host of other cosmetic procedures, it may even be used to rejuvenate the hands, neck and chest. Each session lasts 45 minutes, and begins with microdermabrasion and gentle extraction before the laser, ending with a Gentlewaves LED light treatment to speed up the healing process. Where: IYAC Aesthetic and Anti-Aging Clinic, #06-03 Camden Medical Centre, Tel: 6738-9989 www.iyac.com.sq

Problem: Dull, rough complexion and/or large pores

Solution: Clear + Brilliant

What: This new treatment bridges the gap between the short-term effects of a pampering facial, and the long-term benefits of aggressive, painful laser treatments with downtime. Based on fractional laser technology and recommended to correct early signs of ageing or as a maintenance therapy for healthy skin, Clear + Brilliant is delivered with a handpiece that fires laser into the superficial dermis uniformly and gently. It refreshes and brightens tired skin, smoothens the complexion, and reduces the appearance of large pores without peeling or downtime, such that other anti-ageing treatments like Thermage, Botox or fillers may be done concurrently.





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Where: SkinLab Medical Spa, #04-04 Wheelock Place, Tel: 6235-3246 www.skinlabmedspa.com

Problem: Pigmentation Solution: Cosmelan-amf

What: Cosmelan by Mesoestetic is a depigmentation peel treatment that first established itself as a cult treatment in Hollywood, and now, it is relaunched in a new formulation as Cosmelan-amf, which is more efficacious yet more suitable for sensitive skin types. Essentially, it is a two-step treatment that involves a physician-grade, leave-on exfoliation mask-cum-peel to be applied at the clinic (to be washed off at home later), and DIY home-maintenance with creams and a sunblock. It dramatically lightens both hormonal- and scarring-related pigmentation, and even has the ability to alleviate acne. Unlike harsh acid peels, it does not result in downtime nor severe flaking and redness.



Where: Cosmopolitan Clinic, 25 Lorong Telok, #01-01, Tel: 6327-3773 www.cosmopolitanclinic.com/

Problem: Dehydrated and blemished skin Solution: IYAC Signature Gel Mask

What: This innovative gel mask uses carbon dioxide to improve circulation and healing in the skin's tissues. Designed as a home treatment, it is a simple treatment whereby a mixture you apply onto your skin infuses a high concentration of carbon dioxide into your blood vessels, which then causes your tissues to release oxygen to kickstart your very own natural rejuvenation process. Regular use delivers dramatic results equivalent to in-clinic treatments.