

## Terra Firma

I still like to maintain that I'm too young for anti-aging treatments (though that time must surely be coming to an end), but to many Hongkongers, getting fillers and face freezers is as much an essential part of their beauty routine as having their nails done or brushing their teeth. This is why I'm happy to share the news that the Firma medical spa has just opened its doors to serve the wrinkly, drooping and pigmented men and women of Central with the latest breakthroughs in aesthetic treatments. With dermatologists on staff, Firma offers the usual lineup of well-known anti-wrinkle and firming treatments—all carried out professionally in their luxurious private treatment rooms. It is also the first medical spa in Hong Kong to offer treatments by Barcelona skincare brand Cosmelan—specifically, its Mesoestetic line of treatments, which combine pharmaceutical-grade, prescription-only products with at-home care kits to provide extremely effective treatments. It's best known for its anti-pigmentation masque, of which Madonna is apparently a fan. And we all want to look like Madonna, right? I'll be sending a guinea pig in the next couple of months to test this treatment to see if it's all that it's cracked up to be, so watch this space.

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