

AFTERWORK SPECIALS

Fret no more as T3's Grooming Team brings you ideas to solve your grooming woes.

WORDS **KENNETH CHOY & CANDICE CHEONG** ILLUSTRATION **XIN LU**

CAMU CAMO

Japanese brand DHC has arrived with their latest offering, The Camu Camu Whitening Series comprising of a Whitening Lotion, Whitening Essence and Whitening Cream that promises to whiten your complexion plus fight the daily harm caused by environmental stress. Rich in Vitamin C coupled with Polyphenol (an antioxidant from the Camu Camu seed extract, this product range is ideal for normal to dry skin types. Plus it also contains Allantoin which stimulates and promote cell regeneration and new skin growth thus encouraging smoother skin.

DHC Camu Camu Whitening Series, available at major retailers islandwide.



NIGHT MIRACLE

Say goodbye to your lines before you hit the sheets and wake up to baby smooth skin the morning after. This is what Biotherm has promised with their newest addition Skin Vivo Night. Cleverly, it facilitates the skin regeneration process during our sleep time by infusing our skin with its exclusive patented combination of pure thermal plankton (a key ingredient in Biotherm's skincare line), reverserol SV and Pro Vitamin B5 take action by protecting, soothing and boosting the expression in the 'cellular life genes' of our DNA. Upon application, Skin Vivo Night relaxes your senses in a cocoon of stress relieving scents (jasmine, iris and vanilla) and experience in a few nights, a rebirth of skin texture as your skin will feel smoother, firmer and more radiant. Best coupled with Skin Vivo's very own signature serum.

BIOThERM SKIN VIVO NIGHT, available at all Biotherm Counters

PHOTO READY

All gain and no pain? Check out Photogen at LinC Aesthetic Clinic. A Non-Invasive form of treatment, Photogen uses a smart combination of radiofrequency and phototherapy to allow cosmetic formulations to penetrate the skin thus tackling a broad range of skin concerns. Those with a low threshold for pain will be delighted as only a moderate warm sensation is felt while Photogen is at work. The procedure only acts selectively on the deeper layers of skin plus protecting the skin from burns. Just an hour of rest after the 45 minute procedure and you will be ready to resume your daily activities with a fresher more confident you of course!

LinC Aesthetic Clinic, Tel: 67320208, 541 Orchard Road, Liat Tower #21-01/2 Singapore 238881





EYE AGE DEFENSE

With our constant squinting at computer screens, its no wonder the delicate skin around our eyes take a beating every single day. De-age the damage by using Clinique's Skin Supplies For Men Age Defense For Eyes. It builds up the skin's barrier plus anti-oxidants protect against future damage with goodies like vitamin c, vitamin e, sodium hyaluronate and Whey Protein.

Clinique's Skin Supplies For Men Age Defense For Eyes, available at Clinique Counters



BRIGHT VIEW AHEAD

Banish eyebags and dark eyes by rolling on Biotherm Homme's High Recharge Eye. This eye serum contains Ginseng to promote blood circulation and a healthy rested look plus this cooling treatment helps refresh the eye zone and imparts a radiance to the eye area. Packaged in a compact rollerball dispenser pen equals an easy and targeted application any time of the day.

BIOThERM HOMME High Recharge Eyes, available at all Biotherm Counters



PEEL AND REVEAL

Blackheads and surface dirt may leave you with a complexion to rival a strawberry. Stay calm and apply Shill's Purifying Black Mask. This unique black mask adheres to the skin when it dries and removes blackheads, dead skin plus tiny pore hairs instantly leaving you with a clean complexion. Simply apply and peel after 30 mins.

Shills Purifying Black Mask, available at www.beautybistro.com and Sasa stores.

Letters

With Kenny, our resident office designer and grooming editor. Send your queries to: kenneth@playworksonline.com

Hi Kenny, I am a middle-aged office worker. Perhaps it's the dry and hot weather lately, my face feels extremely tight and itchy around the mouth area to the point it hurts to smile sometimes, also I notice that my face seems to be much more oily afterwards. I did nick my wife's lotion to ease the discomfort but somehow the cycle seems to repeat itself. Any product to recommend to a lazy bloke like me?

Pek Chuan via email

Dear Pek Chuan, Sounds like you are suffering from extremely dry skin. As the weather is hotter than usual lately, people tend to hide more in air-conditioned spaces to escape the furnace outside. What we don't realize is air-conditioning strips water from our skin also. Its good that you are using some form of moisturizing product but perhaps top off with a sleeping mask like Bio-Essence Hydra SPA Energy Complete Nourishing Sleeping Mask. It contains Hyaluronic Acid that helps to keep collagen hydrated and youthful by binding water up to 6000 times its molecular weight in our skin and Bio



Energy Fluid and Bio Mineral Essence to repair and accelerate skin cell regrowth. You may feel a cool sensation upon application as the mask also contains Aloe Vera and Tanaka Bark Essence which helps cool and soothe skin irritations. For optimal effect, apply the sleeping mask between 11p.m to 1 am (this is the time which skin absorption of products is at its peak) after moisturizer and wash off the morning after. Easy peasy skincare.

Kenny

Bio-Essence Hydra SPA Energy Complete Nourishing Sleeping Mask, available at Watsons and major retailers islandwide.



ZITS AND SHINE ZAPPER

Wash your acne and oily woes away with Nivea's For Men Oil Control Facial Foam or Face Wash today. The new formulated facial cleansers have been enhanced with Active Bacteria Fighter to combat and control ugly acne breakouts caused by bacteria being transferred subconsciously from hands to face during daily activities. The facial foam deep cleanses skin with Carnitine and White Tea Extract for a thoroughly cleansed, comfortable refreshed feel while the facial wash with its non soap formula cleanses skin for better shine control without leaving any feeling of dryness and tightness on your skin.

Nivea For Men Oil Control Face Wash and Facial Foam, available at all major retailers islandwide.

